



•CHW's Successfully Educating Your Patient's/Clients:


- So, after all we have heard, seen and learned so far, I will be giving some additional information on CHWS applying additional knowledge of COVID-19 in order to successfully educate your patients/clients and provide them with updates, information and resources.**


- It's important for CHWs to continue to be involved with COVID efforts because they are TRUSTED MESSENGERS to their patients/clients, you are the ones that can make sure that your patients/clients have the information that is needed to make informed decisions about their health.




The CHW role around Covid is to provide their patients/clients with updated information about the Covid booster vaccine, the virus, and to connect them to resources during the pandemic and when the pandemic is declared over.


It important for CHWs as Trusted Messengers to stay updated on changing information around the Covid variants, vaccines, testing sites locations/closures, resources and coverage for these services.






• **We now know that COVID-19 is here to stay for the foreseeable future.** It's important to understand how to live our lives while keeping ourselves, loved ones and community as safe as possible. **How can we do that? By using all the tools we've learned so far: getting vaccinated and boosted, getting tested and staying home if sick or exposed, wearing a mask in crowds, and keeping our distance.**






Reasons of why to keep
your patients/clients
updated on the Bivalent
booster tools:





- Since the COVID-19 pandemic began, heart attack deaths across all age groups have become more common in the U.S., according to a September 2022 study by Cedars Sinai hospital in Los Angeles.

- **The age group hit the hardest?**


- People between 25 and 44,
- who saw a 29.9% relative increase in heart attack deaths over the first two years of the pandemic.




• The reason for the relative rise in young people in particular is unclear, but one theory, Dr. Susan Cheng says, is that the virus's impact on the cardiovascular system in some people may be due to an excessive immune system response and that young people are more likely to have stronger immune systems.



Other Reasons:



* People who are older or have underlying health conditions are at higher risk for complications from COVID-19.



* Asymptomatic Covid-19 infections have been identified in Long Term Care settings.

CHWs, What can be done to increase COVID-19 vaccine booster dose coverage?

- Advise your patients/clients that their healthcare providers can recommend booster vaccination.
- Dismantle mis-information about the safety of COVID-19 vaccines by being trusted messengers.
- Reduce barriers to vaccination by keeping your patients/clients informed and updated.

Examples of why the booster:

(1) COVID-19 Vaccination decreases risk of Diabetes

“People Unvaccinated against COVID at Higher Risk of Diabetes” *New York Post* (February 14, 2023) –

- “Failing to receive the COVID-19 vaccine could put patients at higher risk of developing Type 2 diabetes, a new study suggests.
- Researchers from the Smidt Heart Institute at Cedars-Sinai in Los Angeles discovered that the coronavirus infection increases the risk of diabetes—but that up-front vaccination could curb it.



(page 2) COVID-19 Vaccination decreases risk of Diabetes

“People Unvaccinated against COVID at Higher Risk of Diabetes” *New York Post* (February 14, 2023) –

- Researchers concluded that the risk of Type 2 diabetes after COVID-19 infection for unvaccinated patients was 2.7%, with 74% of cases developing post-infection and 30% occurring pre-infection.
- The risk for those vaccinated dropped to 1%, with only 51% occurring post-infection and 49% before exposure.





- **Everybody** should stay up to date by getting a bivalent booster and if they haven't had the opportunity, now would be a great time prior to spring break whether it's travel or you're going home to see family, recommend your patients/clients to get the updated vaccine.

•Talk with your patients/clients about what to do if they have COVID-19 Now

•Follow The Recommended Guidelines:

- Stay home and away from others and follow the latest isolation guidelines (see websites).

• Latest Guidelines

•If Treatment Is Needed:

- Contact their health care provider to explore their treatment options. Telehealth is also available to those who qualify.

•Connect Them With Resources:

- Get meal and medication delivery, childcare, and other services while recovering from COVID-19.**cov**

•Advice them about Long COVID:

- People with COVID-19 can have symptoms that last weeks to years after infection (see websites).

•Talk more with your patients/clients about:

•Getting Vaccinated and Boosted

•COVID-19 vaccines and boosters are the number one defense against infection and serious illness.

•Knowing When to Test

•Reduce the risk of spreading COVID-19 by testing if you feel sick, attending a gathering, or been exposed to COVID-19.

•Wearing a Mask

•Wearing a mask is proven to slow the spread of COVID-19 and are still required in some settings.

•**Enabling the WA Notify** on your phone to get alerts if you have been exposed to COVID-19. (also known as **Washington Exposure Notifications**) is a free tool you can add to your smartphone to alert users of potential COVID-19 exposures.





MASK TOOL:

- **Inform your patients/clients that they may want to continue to wear a mask for added protection against COVID-19** especially those who are immunocompromised, living with someone immunocompromised, or who may just feel safer wearing a mask. Everyone should assess their own personal risk when making this decision.

CHWs Having Talking

Points:

Covid Vaccination, Virus, Testing, Treatment after the 5/11 Emergency Declaration Ends. Because even though the pandemic will be declared over, the virus is here to stay, and our community is still being affected.

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- **Another part of CHW's being involved**, is staying up to date on most recent information and knowing **where to find latest the information**, on testing, transportation and language access and etc:
 - King County Website: [Search King County - King County](#)
 - [Washington Department of Health Website:](#)
 - [COVID-19 | Washington State Department of Health](#)
 - [CDC Covid Guidelines - Search \(bing.com\)](#)
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Examples: Cases Update

- King County COVID-19 Cases Currently Daily Average Over The Past 7 Days.
- Cases - 151
- Hospitalizations - 8
- Death - 0.6



- **Example of virus not being over:**

- **Another Vashon resident has died from COVID.**

- The latest death makes two reported in February and brings the total known COVID fatalities on Vashon to eight since the beginning of the pandemic. Before these latest two, the previous COVID death was reported in August of last year. The report comes from Public Health – Seattle & King County (PHSKC).

- In accordance with privacy laws and PHSKC policies, the names of patients are not released.



**Examples of why
CHW's need to
combat
Misinformation, and
know about
Anti-Vaccine
information in order
to have
Opportunities for
Messaging.**

USA TODAY NEWS TO YOUR INBOX Start the day smarter HEAR THE LATEST NEWS USA TODAY podcasts FEDERAL TAX CREDITS How they work

For You U.S. Sports Entertainment Life Money Tech Travel Opinion

Idaho bill would criminalize giving mRNA vaccines – the tech used in popular COVID vaccines

Thao Nguyen USA TODAY

Published 11:47 p.m. ET Feb. 21, 2023 | Updated 10:41 a.m. ET Feb. 22, 2023

<https://www.usatoday.com/story/news/nation/2023/02/21/idaho-mrna-covid-19-vaccines/11316055002/>

“Idaho Bill Would Criminalize Giving mRNA Vaccines – the Tech Used in Popular COVID Vaccines” *USA Today* (February 21, 2023)

Forbes

FORBES > INNOVATION > HEALTHCARE

CORONAVIRUS

Lee County, Florida, Republican Party Passes Resolution To Ban Covid-19 Vaccines

Bruce Y. Lee Senior Contributor

I am a writer, journalist, professor, systems modeler, computational and digital health expert, avocado...

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<https://www.forbes.com/sites/brucelee/2023/02/24/lee-county-florida-republican-party-passes-resolution-to-ban-covid-19-vaccines/?sh=54496d3636dc&emci=644f9799-57b7-ed11-a8e0-00224832e811&emdi=7bb78861-74b7-ed11-a8e0-00224832e811&ceid=11398677>

“Lee County, Florida, Republican Party Passes Resolution to Ban COVID-19 Vaccines” *Forbes* (February 24, 2023)

Bill banning vaccinated blood donations would ‘decimate’ blood supply, opponents say

BY NICOLE GIRTEN - FEBRUARY 27, 2023 5:22 PM



“Bill Banning Vaccinated Blood Donations Would ‘Decimate’ Blood Supply, Opponents Say” *Daily Montanan* (February 27, 2023)

CHW's have the Fact Check: COVID-19 mRNA Vaccines Cannot Cause the Disease, Don't Have Live Virus" USA Today (February 20, 2023)

The screenshot shows the top portion of a USA Today news article. At the top, there are three promotional banners: 'NEWS TO YOUR INBOX Start the day smarter' with a sun icon, 'HEAR THE LATEST NEWS USA TODAY podcasts' with a headphones icon, and 'FEDERAL TAX CREDITS How they work'. Below these is a navigation bar with categories: 'For You', 'U.S.', 'Sports', 'Entertainment', 'Life', 'Money', 'Tech', 'Travel', 'Opinion', and a search icon. The article title 'FACT CHECK' is in blue, followed by 'fact-checking' and an 'Add Topic +' button. The main headline is 'Fact check: COVID-19 mRNA vaccines cannot cause the disease, don't have live virus'. The author is 'Nate Trela USA TODAY'. The publication date is 'Published 1:44 p.m. ET Feb. 20, 2023 | Updated 2:41 p.m. ET Feb. 20, 2023'. At the bottom of the article preview are icons for Facebook, Twitter, and Email.

<https://www.usatoday.com/story/news/factcheck/2023/02/20/fact-check-no-mrna-vaccines-dont-cause-co-vid-19/11276014002/>

CHW's as trusted messengers:

***What are you hearing in your communities/networks ?.**

*** What are your communities/networks concerns and/or hesitancies, if we don't know, we should be asking.**

More Resources



Public Health Seattle/Martin Luther King
Jr. County **Bi-monthly Partnerships Call**

To get added to the list and join, email:

PHPartnerships@kingcounty.gov



•**Updates to Routine Childhood Vaccination Schedule**

- The Centers for Disease Control and Prevention (CDC) and the American Academy of Pediatrics (AAP) have added COVID vaccination to their recommended vaccination schedules.
- The recommendation comes in a routine update to the schedules. It does not create any vaccine requirement for schools, since those requirements are set at the state and local levels. But it's a guide for physicians, saying COVID vaccinations can be administered alongside measles and other childhood immunizations.